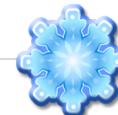


Week 1 Meat/Meat Alt. & Grain	Monday	Tuesday	Wednesday March 1	Thursday March 2	Friday March 3
Entrée Choice 1 Option 1: or Option 2:			Chicken Tenders Wrap and Dip	Corn Dogs	Big Daddy Pizza or - Spicy or Regular Chicken Patty on Bun
			-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	Chef Salad w/Baked Sun Chips & WG Muffin
Vegetable: Choose 1 or 2			-Black Beans Fiesta - Pickle Spears/Tom/Lettuce Cup	- Corn -Fresh Carrots with Dip	- Seasoned Broccoli - Garden Salad
Fruit: Choose 1 or 2			-Assorted Fruit -Frozen Peach Cup	Applesauce -100% Fruit Juice	- Fresh Orange -100% Fruit Juice
Milk Choose 1			-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim

*Available upon request daily

Skim and Lactaid Milk

Hummus with Veggies w Chips and Muffin
Vegetarian Chicken Nuggets w/ Chips and Muffin



Elementary

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Week 2	Monday March 6	Tuesday March 7	Wednesday March 8	Thursday March 9	Friday March 10
Meat/Meat Alt. & Grain	Chicken Patty on WG Bun	RPS Burger w./ or w/o Cheese on WG Bun	Pizza Dippers w./ Marinara Dipping Sauce	Breakfast for Lunch Turkey Sausage French Toast Sticks	SCHOOL CLOSED
Entrée Choice 1					
Option 1: or Option 2:	--Chef Salad w./ Baked Sun Chips & WG Muffin	--Chef Salad w./ Baked Sun Chips & WG Muffin	--Chef Salad w./ Baked Sun Chips & WG Muffin	--Chef Salad w./ Baked Sun Chips & WG Muffin	
Vegetable: Choose 1 or 2	-Fresh Broccoli w/Dip -Oven Baked Fries	-Baked Beans -Pickle Spears/Tom/Lettuce Cup	-Seasoned Corn -Spring Mix Salad	-Hash Brown Potato Patty -Fresh Baby Carrots w./ LF Ranch Dip	
Fruit: Choose 1 or 2	-Fresh Apple -100% Fruit Juice	-Fresh Orange Chilled Fruit Cup	Chilled Fruit Cup -Frozen Peach Cup	-Fresh Fruit in Season -100% Fruit Juice	
Milk Choose 1	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	

“This institution is an equal opportunity provider.”

Elementary

2023

Week 3	Monday March 13	Tuesday March 14	Wednesday March 15	Thursday March 16	Friday March 17 <i>St. Patrick's Day</i>
Meat/Meat Alt. & Grain					
Entrée Choice 1					
Option 1: or Option 2:	RPS Burger w./ or w/o Cheese on WG Bun	Penne Pasta with Meat Sauce & WG Breadstick	Chicken Tenders Wrap and Dip	Corn Dogs	Big Daddy's Pizza
	-Chef Salad w./ Baked Sun Chips & WG Muffin	--Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin
Vegetable: Choose 1 or 2	-Baked Beans -Pickle Spears/Tom/Lettuce Cup	-Seasoned Broccoli -Toss Salad	-Seasoned Fries - Pickle Spears/Tom/Lettuce Cup	- Baby Carrots w/Dip -Broccoli	Corn on Cob Spring Mix Salad
Fruit: Choose 1 or 2	-Fresh Apple -Frozen Peach Cup	-Fresh Orange -100% Fruit Juice	-Assorted Fruit -Frozen Peach Cup	-Chilled Fruit Cup -100% Fruit Juice	-Fresh Strawberries -Frozen Peach Cup
Milk: Choose 1	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim

Week 4	Monday March 20	Tuesday March 21	Wednesday March 22	Thursday March 23	Friday March 24
Meat/Meat Alt. & Grain					
Entrée Choice 1 Option 1: or Option 2:	Chicken Patty on WG Bun	RPS Burger w./ or w/o Cheese on WG Bun	Philly Cheese Steak on WG Sub Roll	Breakfast for Lunch Turkey Sausage French Toast Sticks	Pizza Dippers w./ Marinara Dipping Sauce
	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin
Vegetable: Choose 1 or 2	-Broccoli -Oven Baked Fries	-Baked Beans -Pickle Spears/Tom/Lettuce Cup	-Green Beans -Baby Carrots	-Hash Brown Potato Patty -Fresh Baby Carrots w./ LF Ranch Dip	-Seasoned Corn -Grape Tomato & Cucumber Cup w/ LF Ranch Dip
Fruit: Choose 1 or 2	-Fresh Apple -100% Fruit Juice	-Fresh Orange -Chilled Fruit Cup	-Chilled Fruit Cup -Frozen Peach Cup	-Fresh Fruit in Season -100% Fruit Juice	-Fresh Strawberries -Frozen Peach Cup
Milk Choose 1	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim

Week 5 Meat/Meat Alt. & Grain	Monday March 27	Tuesday March 28	Wednesday March 29	Thursday March 30	Friday March 31
Entrée Choice 1 Option 1: or Option 2:	RPS Burger w./ or w/o Cheese on WG Bun	Penne Pasta with Meat Sauce & WG Breadstick	Chicken Tenders Wrap and Dip	Corn Dogs	Big Daddy's Pizza
	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin
Daily Vegetable: Choose 1 or 2	-Baked Beans -Pickle Spears/Tom/Lettuce Cup	-Seasoned Broccoli - Garden Salad	-Seasoned Fries - Pickle Spears/Tom/Lettuce Cup	- Baby Carrots w/Dip -Broccoli	-Corn on Cob -Spring Mix Salad
Fruit: Choose 1 or 2	-Fresh Apple -Frozen Peach Cup	-Fresh Orange -100% Fruit Juice	-Assorted Fruit -Frozen Peach Cup	-Chilled Fruit Cup -100% Fruit Juice	-Fresh Strawberries -Frozen Peach Cup
Milk Choose 1	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. **fax:**
(833) 256-1665 or (202) 690-7442; or
3. **email:**
program.intake@usda.gov